



# Ishtar Transition Housing Society

#101-6350-203rd Street, Langley, BC

## TRANSITIONS

Apr. '10-01

### Board of Directors

President	Shelley Henshaw
Vice President	Michelle Hawco
Secretary	Jaye Peebles
Treasurer	Pat Qualtrough
Directors at Large	Jane Gladman
	Janette Kovacs
	Regula Baer
	Don Truscott
	Crystal Pudsey
	Terry Smith
	Julie Toddington
Executive Director	Dorothy McKim

### Ishtar Transition Housing Society Services

Ishtar House  
604-530-9442

Libra House  
604-857-5797

Stopping the Violence Counselling  
604-534-1011

Family Counselling  
604-534-1011

Community Outreach Services  
604-534-1011

Community Based Victim Services  
604-534-1011

Children Who Witness Abuse  
604-534-1011

Volunteer/Donations  
604-534-1011

Anger Regulation for Men  
604-534-1011

### What's In This Issue:-

White Ribbon Campaign	1
Christmas Report	2
Donation Room News	3
Spring Programs	4, 5
Upcoming Dates	5
Membership/Donation info	6

## WHITE RIBBON CAMPAIGN

### LANGLEY'S FIRST WHITE RIBBON CAMPAIGN *"I pledge to never commit, condone or remain silent about violence against women and girls"*

Terry Smith, past City Councillor and current Board member of Ishtar Transition Housing Society is leading a White Ribbon Campaign to raise awareness of the issue of violence against women and girls.

The White Ribbon Campaign is the largest effort in the world of men working to end violence against women. In over fifty-five countries, campaigns are led by both men and women, even though the focus is on educating men and boys. In some countries it is a general public education effort focused on ending violence against women.

Langley's White Ribbon Campaign will coincide with Prevention of Violence against Women week, BC Victims of Crime week and National Victims of Crime week, April 18<sup>th</sup> to 23<sup>rd</sup>.

Ishtar Transition Housing Society provides many services to abused women and children and a Victim Services Program providing services to women, men and children. Last year, 2009, Ishtar received approximately 10,000 telephone calls from people looking for services. This is a staggering amount of calls when all of the calls are related to victims

Wearing a white ribbon is a personal *pledge to never commit, condone or remain silent about violence against women and girls*. Wearing a white ribbon is a way of saying, "Our future has no violence against women."

White ribbons will be available in various places throughout the community or at the Ishtar office at 6350-203<sup>rd</sup> Street. Please recognize this campaign and join the community in taking a stand against violence against women and children.

**Ishtar Transition Housing Society is a non-profit organization committed to preventing, breaking and ending the cycle of abuse.**



*A  
wonderful turn-  
out for the  
Client Christmas  
Party*



# Christmas at Ishtar 2009

There are many things that happen during the course of a year here at Ishtar, but last Christmas had to be one of the highlights. For the first time, we held a Christmas Party for all of our clients and their children. The event was held at the Langley Senior's Centre, which was beautifully decorated and had an 18' Christmas tree, the air was full of festivity and fun.

The event was attended by 143 clients and their children who enjoyed a great turkey dinner, followed by games, door prizes and activities for the children. Of course, the main highlight was our very own Santa Claus (one of the members of our Board of Directors), who enchanted all the children, especially the little ones. Santa gave out gifts and goodies bags and held each child on his knee as he chatted with them.

Our donations program was able to fill all the Christmas wishes for our residents at each of the houses, who also enjoyed the very best Christmas provided by our generous donors.

Our special thanks to Debbie Wood our Donations Coordinator and you, our kind and generous donors. Without you, the Christmas that was enjoyed by clients of Ishtar would not have been so bright.

Thank you.



# DONATION ROOM NEWS

**Be kind  
whenever  
possible.  
It is always  
possible.**

**Dalai Lama**



April 18—24th

## **Volunteer Appreciation Week**

A huge thank you to all our special volunteers for your tireless work and dedication:-

*Wendy C, Helga, Nora, Laura Lee, Josee, Daniella, Maureen, Wendy K, Cindy, Destiny, Anastasia, Gail, Catherine, Charlene, Dale and Tracey.*

We would especially like to acknowledge for 10 years:-

*Doreen, Wendy McR, Bill, Charlie, Sam, Ralph and Leonard.*

And for 5 years:-

*Helga*



We are always looking for new Volunteers so if you are interested please give Debbie a call at 604-534-1011 or email [debbie@ishtarsociety.org](mailto:debbie@ishtarsociety.org)

### **Donation Room**

#### **REGULAR HOURS OF OPERATION**

**Tuesdays** 11:00 am - 2:00 pm  
**Wednesdays** 11:00 am - 2:00 pm  
**Thursdays** 11:00 am - 2:00 pm

Please do not leave donations at the door.

Call 604-534-1011 prior to your drop off.

### **Mothers Day May 10th**

If you, or perhaps a group you are in, would like to help with donations for



Gifts for Mothers Day



please call Debbie, Donation Coordinator at 604-534-1011 or email [debbie@ishtarsociety.org](mailto:debbie@ishtarsociety.org)

# SPRING PROGRAMS 2010

## Boundaries and Beginnings

An 8 week discussion and support group for women who have experienced abuse.

The group will be held at #101—6350 203rd Street on Tuesday evenings, starting on April 13.

For more information or to register, call Angela or Carly at 604-534-1011

## Story Time

Join us for Story Time, the second Thursday of each month at 10am in the child minding room at Ishtar's office. Each child in attendance will receive a book to take home!

Story Time and books are sponsored by Books for Kids. Please join us!

For more information contact Rena at 604-534-1011 x 234.



## Community Drop-In Group

**WHO:** Women who have experienced, or who are experiencing, any type of abuse in any relationship

**WHY:** To provide women with the opportunity to experience a safe space to connect with other women, as well as providing women with free and confidential support and information.

**WHERE:** Ishtar's Group Room  
#101—6350—203rd St., Langley

**WHEN:** Every Monday until June 21st from 9:30am to noon., excepting Statutory Holidays.

⇒ Refreshments will be provided for group members.

⇒ Groups are facilitated by Ishtar Transition Housing Society's Community Outreach Workers

⇒ Childminding is available but you need to book at least two weeks in advance.

## Violence is Preventable—You are Worth It

Violence Is Preventable-You Are Worth It! Presentations are coming to a school near you. Again this year between February through May the Children Who Witness Abuse program will be back in the Langley School District presenting Violence Is Preventable—You Are Worth It to grade seven students.

They will also attend secondary schools in the grade 10 Planning class and the 11/12 Family Class, talking about dating violence, healthy relationships and abusive relationships.



# C O U R T T A L K

Are you a woman who has left or is thinking of leaving an abusive relationship?

Are you interested in finding out about your legal options? Rights? Resources?

Are you feeling confused with the Court process?

Are you feeling overwhelmed with Court?

We have information and resources that can help

- ◆ Videos
- ◆ Court forms
- ◆ Legal Rights Guides

Where: Ishtar Transition Housing Society  
#101 6350 203rd St. Langley

When: Wednesday mornings 9:30am—noon  
April 14th—June 30th 2010

For more info or to arrange for child minding call  
Jenni at 604-534-1011



## We'd love you to join us....

Ishtar Transition Housing Society welcomes support from the community. We would like to invite you to consider becoming a Member of the Society or to renew your membership now so that you are a member in good standing for the year. Members are kept informed about the Society's activities; receive an invitation to the Annual General Meeting; have voting rights; have the right to receive a copy of our annual report if requested and are eligible to vote in the annual election of our Board of Directors. An Application for Membership form is on the last page of this newsletter.

## Upcoming dates...

**April 18th - 24th**

**Prevention of Violence Against Women Week**

**BC Victims of Crime Awareness Week**

**The theme this year is "Every Victim Matters"**

**National Victims of Crime Week**

**White Ribbon Campaign**

**Volunteer Appreciation Week**

## APPLICATION FOR MEMBERSHIP

Ishtar Transition Housing Society welcomes support from the community for the work that we do. We are committed to working with all victims/survivors of domestic violence and abuse. Our programs include safe accommodation at transition houses, support and counselling. Whenever possible we go into the community to educate the public and to help people become aware of the impact this abuse has on many peoples' lives. Our goal is to help prevent this abuse and violence from happening.

Membership is **\$5.00** per year. If you feel able to contribute any additional amount, it would be very much appreciated. Ishtar is a Registered Charity and can issue tax deductible receipts for donations of \$5 and over. Please make your cheque payable to **Ishtar Transition Housing Society.**

When the Board of Directors considers your application, it would be helpful if you could state your reason for applying for membership in the Society. \_\_\_\_\_

Please complete return to: ISHTAR TRANSITION HOUSING SOCIETY  
#101—203rd Street, Langley, BC V2Y 1L9

Name \_\_\_\_\_ Phone: \_\_\_\_\_

Address \_\_\_\_\_ Postal Code: \_\_\_\_\_

Membership Fee enclosed \$ \_\_\_\_\_ Email: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Membership approved \_\_\_\_\_ Date: \_\_\_\_\_

*Ishtar Transition Housing Society respects and upholds an individual's right to privacy and to protection of her/his personal information. Ishtar Transition Housing Society is committed to ensuring compliance with applicable privacy legislation.*

*Ishtar Transition Housing Society does not sell, trade or rent mailing lists. If you wish to be removed from any of our lists, please contact us by phoning 604-534-1011.*

## **DONATION FORM:**

**I would like to support Ishtar Transition Housing Society.** Please print your name and address below:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

I WOULD LIKE TO DONATE \$ \_\_\_\_\_ Immediately to ITHS: \_\_\_\_\_ Monthly: \_\_\_\_\_ # of times per year: \_\_\_\_\_

I authorize ITHS to charge \$ \_\_\_\_\_ to my credit card on the \_\_\_\_\_ day of each month or \_\_\_\_\_ times per year.

PAYMENT METHOD: By cheque \_\_\_\_\_ Money order \_\_\_\_\_ By Visa \_\_\_\_\_